

Name :

Date of Order :

Matwork & Studio Equipment

	Item	Colour	Size	Price	Qty
Bands	Loop Band, Intermediate	Purple	20cm	£2.00	
	<i>Fitness Mad Band, Beginners</i>	<i>Blue</i>	<i>1.5m</i>	<i>£4.00</i>	
	Resistance Band, Intermediate	Black	1.5m	£4.00	
Balls	Spiky Balls (pair)	Blue	10cm	£12.00	
	Pilates Overball	Blue	18cm	£5.00	
Roll & Ring	Toning Ring	Black	35cm	£17.00	
	Stability Cushion	Various	32cm diameter	£18.00	
	Foam Roll, 4"	White	10cm * 90cm	£9.00	
	Foam Roll, 6"	White	15cm * 90cm	£14.00	
Pillows	Pilates Head Pad, 1"	Variable	2½*20*30cm	£6.00	
	<i>Pilates Head Pad, Medium</i>	<i>Variable</i>	<i>5*20*30cm</i>	<i>£8.00</i>	
Mats	Studio Mat	Violet	1½cm*50cm*1.5m	£16.00	
Books & CDs	The Official Body Control Pilates Manual		Lynne Robinson et al	£10.00	
	The Complete Classic Pilates Method		Miranda Bass et al	£10.00	
	The Body Control Pilates Back Book		Lynne Robinson et al	£8.00	
	Body Control Pilates Music CD		Mind, Body & Soul	£12.00	
TOTAL					