

Matwork + Studio Equipment Price List

	Item	Colour	Price
Bands + Loops	Loop Band, Beginners	Pink	£2.00
	Loop Band, Intermediate	Purple	£2.00
	Loop Band, Advanced	Green	£2.00
	Resistance Band, Beginners	Pink	£5.00
	Resistance Band, Intermediate	Purple	£5.00
	Resistance Band, Advanced	Green	£5.00
Balls + Rings	Spiky Balls (pair) – 9cm	Red	£10.00
	Spiky Balls (pair) – 10cm	Blue	£13.00
	Pilates Soft Ball, small	Blue	£5.00
	Toning Ring	Black	£17.00
Weights	Hand Weights, pair, ½ kg	Pink	£6.00
	Hand Weights, pair, 1 kg	Purple	£8.00
	Ankle Weights, pair, ½ kg	Grey	£14.00
	Ankle Weights, pair, 1 kg	Grey	£15.00
Sit-Fit + Rollers	Stability Cushion, medium	Various	£22.00
	Foam Roll, small	White	£9.00
	Foam Roll, regular	White	£13.00
Pillows	Pilates Head Pad, thin	Purple	£6.00
	Pilates Head Pad, medium	Green	£8.00
Mats	Studio Mat, medium	Violet	£17.00
Socks	ToeSox, medium	Black	£8.00
CDs	Body Control Pilates Music CD		£5.00