

## Booking Form

**Name :** ..... **Date :** .....

If you are new to Pilates, and are not enrolling on a beginners class, you will need to attend a Private Lesson before joining a group matwork class. This is to ensure that you have an understanding of the basic principles of Alignment, Breathing and Core Stability.

**Private Lesson**

**1<sup>st</sup> Choice**

Date : ..... Time : .....

**2<sup>nd</sup> Choice**

Date : ..... Time : .....

Fee: Individual: Single ~ £40, Block of 3 ~ £114, Block of 5 ~ £180  
 Shared: Single ~ £50, Block of 3 ~ £142, Block of 5 ~ £225

Please note : Private Lessons may be paid for at the time of your lesson.  
 Cancellations require 24hrs notice or a £20 fee will be charged

**Block of Group Classes**

**1<sup>st</sup> Choice**

Start Date : ..... Time : ..... Venue : .....

**2<sup>nd</sup> Choice**

Start Date : ..... Time : ..... Venue : .....

Fee: 6 week block £54 7 week block £63  
 The length of each block is indicated on the Class Timetable, in your Information Pack

To confirm your place please return this form with your completed **Health Summary Form**, and your **block fee**.

Please make cheques payable to '**South Worcestershire Pilates**'

Your place is not guaranteed until I have received these.

Please note : Places are subject to availability and you may be put on a wait-list.  
 Group classes are pre-booked & paid for in advance of the start of the block  
 No refunds are given for missed classes.

**Postal Address :** South Worcestershire Pilates • 17 Clarks Hill Rise • EVESHAM • WR11 2FW

If you have any further questions please don't hesitate to contact me.  
 I look forward to meeting you,

*Melanie*